



Cynllunio

BLWYDDYN 3 a 4 Glyndwr, Buddug a Sandde

TYMOR YR HAF 2020 Thema: Ein byd ein cyfrifoldeb?  
SUMMER TERM 2020 Theme: Our world our responsibility?

Wythnos 10 a 11  
Week 10 and 11

leithoedd,  
Llythrennedd  
a  
Chyfathrebu

Cymraeg

Darllen

**Tasg 1 - Beth wyddoch chi am arwyr yn y byd comig? Allwch chi gasglu gwybodaeth ac ysgrifennu ffeithiau amdanynt?**

What do you know about comic superheroes? Can you write facts and information about them?

**Tasg 2 - Darllenwch stori neu lyfr am arwr. Beth am ddarllen am uwcharwyr neu ferched Cymraeg yn y byd athletau gan ddysgu ffeithiau ac ateb cwestiynau amdanynt? Bydd y gwaith ar J2e 'ffeiliau wedi'u rhannu'**

Read about superheroes or Welsh women in athletics, learn facts and answer questions about them. Worksheets on J2e 'shared files'

**Cofiwch ddarllen!**

**Gallwch ddarllen llyfrau Cad a Dids 'Coeden Rhydychen' ar Hwb, cam 1 i 9.**

<https://hwb.gov.wales/repository/discovery?fields=resources&query=coeden%20rhydychen&sort=recommendation>

You can now read Welsh 'Oxford Reading Tree books', stage 1 – 9 on Hwb by following the link above.

**Ewch i <https://www.booktrust.org.uk/cy-gb/books-and-reading/have-some-fun/cymru/> neu dilynwch @BookTrustCymru ar Twitter ar gyfer deunydd darllen newydd.**

**Gallwch wrando ar storïau ar <https://www.drefwen.com/cymraeg/llyfrau/llyfrau-llafar/>**

You can listen to Welsh books on <https://www.drefwen.com/cymraeg/llyfrau/llyfrau-llafar/>

leithoedd,  
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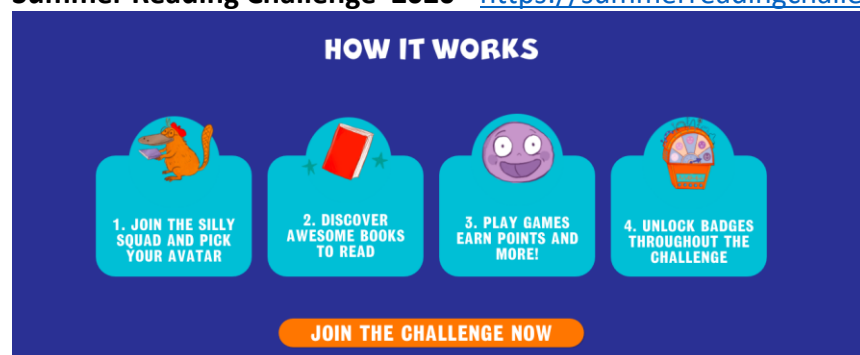
English

Reading

**Task 1 - Can you think of a hero within your community? Write a letter or make a card, thanking them for their hard work. Use the 'Features of a Letter' mat on j2e 'Shared files' to help you.**

**Task 2 - You can now play spelling and grammar work on sumdog. Have a go on these games.**

**Summer Reading Challenge 2020 - <https://summerreadingchallenge.org.uk/>**



**Extra information - [https://tra-](https://tra-resources.s3.amazonaws.com/uploads/entries/document/4427/Schools_pack_Summer_Reading_Challenge_2020.pdf)**

**[resources.s3.amazonaws.com/uploads/entries/document/4427/Schools\\_pack\\_Summer\\_Reading\\_Challenge\\_2020.pdf](https://tra-resources.s3.amazonaws.com/uploads/entries/document/4427/Schools_pack_Summer_Reading_Challenge_2020.pdf)**

Mathemateg a  
Rhifedd

**Tasg 1 – Ceisiwch fod yn arwr mathemategol gan ymarfer eich tablau. Dewiswch un o'r gemau tablau o'r ffeil a rhanwyd ar J2e 'Ffeiliau wedi'u rhannu'. Try to be a mathematical hero by practising your tables. Select one of the games from the file shared on j2e 'Shared Files'.**

**Tasg 2 – Datrysych y problemau geiriol tablau llusoi. Solve the worded multiplication problems.**

**Tasg 3 – Cofiwch chwarae gemau megis J2 blast, TT Rockstars a Sumdog i ymarferf sgiliau mathemateg. Remember to play games such as J2blast, TT Rockstars and sumdog to practise your mathematical skills.**

Gwyddoniaeth  
a Thechnoleg/


**Tasg 1 - Er mwyn bod yn arwr rhaid bwyta'n iach. Allwch chi gynllunio pryd o fwyd iachus ar gyfer arwr? Mae taflen i gynllunio ar J2e 'ffeiliau wedi'u rhannu'.**

To be a superhero you should eat healthy foods. Can you plan a healthy meal for a superhero? Try to include items from each food group. A sheet to plan your meal is on J2e 'shared files'.

**Neu Or**

**Beth am brofi neu greu smwddi ar gyfer arwr? Dewiswch un o'r ryseitiau i brofi neu defnyddiwch y daflen gynllunio un eich hunan.**

How about testing or creating a smoothie for a superhero? Choose one of the recipes to try yourself or use the planning worksheet to design your own.

	<p><b>Tasg 2 - Mae rhai arwyr yn hoffi ymarfer corff. Beth am ddewis gweithgaredd ymarfer corff dyddiol yr ydych yn ei fwynhau a mesur curiad eich calon? Mae taflen i gofnodi ar J2e 'ffeiliau wedi'u rhannu'.</b>          Superheroes like to exercise. Why not choose a daily exercise that you enjoy and measure your heartbeat. Your heartrate can vary depending on what activity you're doing. You can find a sheet on J2e 'shared files' to note your results.</p>
Iechyd a Lles	<p><b>Tasg 1 - Heriau 60 eiliad. Allwch chi wella eich sgôr? Gweler pecyn ar j2e 'ffeiliau wedi'u rhannu'. Cofnodwch sawl un roeddech chi'n gallu ei gwblhau mewn 60 eiliad. Mae'r daflen cofnodi ar ddiwedd y pecyn cyfarwyddiadau.</b>          60 second challenges, can you increase your score? Compare your scores. Booklet is on j2e 'shared files'. Remember to note how many of each challenge you can complete in 60 seconds. The tracking sheet is at the back of the instruction booklet.</p> <p><b>Tasg 2 – Crewch poster yn nodi nodweddion da a thalentau eich hoff arwr.</b> Create a poster to show the good points and talents of your favourite superhero.</p> <p><b>Cofiwch gallwch hefyd nodi eich teimladau ar 'Speakr' yn ddyddiol.</b>  <a href="https://6692173.speakr.co.uk/sign_in">https://6692173.speakr.co.uk/sign_in</a></p> <p><b>Cysylltwch trwy e-bost Hwb os ydych chi'n cael trafferth cofio eich enw defnyddiwr neu gyfrinair.</b></p>  <p>Remember you can note your feelings on 'Speakr' daily.  <a href="https://6692173.speakr.co.uk/sign_in">https://6692173.speakr.co.uk/sign_in</a></p> <p>Remember to contact us by e-mail on Hwb if you have forgotten your username or password.</p>
Celfyddydau Mynegiannol	<p><b>Tasg 1 - Ewch ati i greu model o uwcharwr neu arwr. Ysgrifennwch am briodweddau'r arwr a'r hyn mae'n gwisgo.</b>          Create a model of a superhero or a hero. Write about the hero's attributes and clothes.</p> <p><b>Tasg 2 - Ewch ati i ddylunio mwgwd uwcharwr neu arwr a'i addurno. Wedi gorffen y mwgwd beth am ddylunio gwisg bwrpasol ar gyfer rôl yr arwr, gan ystyried nodweddion, e.e. y deunydd gorau, lliw? Mae templed ar J2e 'ffeiliau wedi'u rhannu'.</b>          Design and decorate a mask for a superhero. After finishing the mask, why not design a bespoke costume for the role of the hero, taking special features into account, e.g. the best material, colour? A template can be found on J2e 'shared files'.</p>
Dyniaethau Eco 'Sgolion	<p><b>Tasg 1 - Allwch chi feddwl am arwr o Gymru? Dewch o hyd i 5 ffaith diddorol am y person hwn.</b>          Can you think of a Welsh hero? Find 5 interesting facts about this person.</p> <p><b>Tasg 2 - Dewch o hyd i wybodaeth am Betsi Cadwaladr. Allwch chi gymharu ei gwaith gyda gwaith nyrs heddiw? Mae pwerbwynt o wybodaeth ar J2e 'Ffeiliau wedi'u rhannu'.</b>          Find out about Betsi Cadwaladr. Can you compare her work with that of a nurse today? You can find a powerpoint of information on J2e 'shared files'.</p> <p><b>Tasg 3 - Ymchwiliwch fywyd Aneurin Bevan. Ewch ati i greu poster yn nodi'r hyn a gyflawnodd.</b>          Research the life and work of Aneurin Bevan. Create a poster or PowerPoint detailing his history and achievements.</p> <p><b>Beth am gwblhau her newydd @Eco-Schools Wales ar Twitter #EcoSgolionAdref #CyngorYsgolEcoCynnwr Mae her newydd yn cael ei gyflwyno bob dydd Llun am 10yb.</b>          How about completing a new challenge @Eco-Schools Wales Twitter account #EcoSchoolsatHome #CyngorYsgolEcoCynnwr          A new challenge is posted every Monday at 10am.</p>